

EQUIVALENT TABLES

<u>STANDARD</u>	<u>EQUIVALENT</u>	<u>EQUIVALENT</u>
One pinch or dash.....	1/16 tsp.	
3 teaspoons.....	1 table spoon.....	½ oz. liquid
4 tablespoons.....	¼ cup.....	2 oz. liquid
1/3 cup.....	5 tablespoons + 1 teaspoon	
½ cup.....	8 tablespoons.....	4 oz. liquid
1 gill.....	½ cup.....	4 oz. liquid
1 cup.....	2 gills.....	16 tablespoons or 8 oz. liquid
2 cups.....	1 pint.....	16 oz. liquid
2 pints.....	1 quart.....	32 oz. liquid
4 quarts.....	1 gallon	
8 quarts.....	1 peck	
4 pecks.....	1 bushel	
3½ gallons.....	1 barrel	
16 ounces.....	1 lb - dry measure	
1 pound butter.....	2 cups	
2 cups.....	1 pound	

LINEAR MEASURE

12 inches.....	1 foot	
4 inches.....	.333 (4/12 foot).....	1 hand
3 feet.....	1 yard	
5.5 yards.....	16.5 feet.....	1 rod, pole or perch
40 poles.....	220 yards.....	1 furlong
8 furlongs.....	1,760 yards.....	5,280 feet or 1 mile
3 miles.....	1 league	
69.125 miles.....	1 degree	
320 rods.....	1 mile	

SQUARE OR AREA MEASURE

144 square inches.....	1 square foot	
9 square feet.....	1 square yard	
30.25 square yards.....	1 square rod.....	pole, perch
160 square rods.....	1 acre	
640 acres.....	1 square mile.....	1 section of US Government Surveyed land

PRECIOUS STONES & METALS

100 point stone.....	1 carat	
Pure Gold.....	24 carat	
75% Gold.....	16 carat	
50% Gold.....	12 carat	

METRIC

1 milligram.....	.15 GRAIN	
1,000 milligrams.....	1 gram.....	.035 oz.
1,000 grams.....	1 kilogram.....	2.205 lbs.
1000 kilograms.....	1 metric ton	
1 bushel.....	2150.42 cubic inches.....	1.244 cubic feet
1 gallon.....	231 cubic inches	
1 cubic foot.....	7.48 gallons	
1 gallon water.....	8.33 lbs.	